Region

Regional Elite Team Program 2021-2022

Chuck Chmelka National Coaching Staff Dale Bullivant Region Chairman

Regional Elite Team Program 2021-2022

Introduction

The Region 4 Team Program has been patterned after the USA Gymnastics Junior National Team Program. The Region Team Program ultimately exists for the specific purpose of enhancing Coaches Education and Athlete Development. Its effect helps to facilitate Regional and National Team Membership with regard to coaches and athletes within Region 4.

The Region Team Program addresses many levels of coach's education and athlete development. It has, as its main focus:

The identification of talented coaches and athletes. The education of talented coaches and athletes through Camps, Clinics, and Workshops. Assist Coaches and Athletes with Regional and National abilities.

A Region 4 Regional Coaching Staff will be formed to help administer and communicate directives and technical material stemming from National Team Camps and the Junior National Coaching Staff with regard to coaches education, and Athlete Development.

The working relationship between the Regional Coaching Staff and the Regional / State Chairman's committee. This however is conducted at a regional level.

This manual provides the Region 4 Coaching Staff and Coaching Community a working document that helps to communicate the Region 4 Team Program. It is refined each year to keep up to date with changes that reflect the needs of Region 4.

Region 4 Elite Team Selection Process

The selection of the 2021-2022 Region 4 Team begins with gymnast selected from the 2021 Region 4 Championships.

No graduating seniors will be selected for the Region 4 Team.

The following athletes are selected from rank order of all-around score at the 2021 Region 4 Championships:

Top 10 Level 7 ages 10-11

Top 10 Level 8 ages 11-12

Top 10 Level 9 ages 13-14

Top 10 Level 10 ages 15-16

Top 10 Level 10 ages 17-18

Additional Athletes-The Region Team Coordinator may add athletes based upon past performances at his discretion. Must be approved by the Region 4 Chairman.

Region 4 Elite Team Staff

The Region 4 Elite Team Staff will be the following:

Region Chairman-Dale Bullivant

National Coaching Staff - Chuck Chmelka

Region Elite team Coach:

- 1. Paul Schumacher (2021)
- 2. Scott Zymball (2021)
- 3. Anthony Ingrelli (2021)
- 4. Spencer Johnson (2021)---Analytics Manager (Point system)
- 5. Bob Gauthier (2021)

There will be a total of 6 Members on the Staff. The Region 4 JN coach is automatically on the staff. The Region JN coach has no term.

Elite team staff is selected by the Region 4 Chairman. Each staff will serve a two year term. Staff members can only serve three consecutive terms.

The region ETC staff will select the ETC team to compete for Region 4 at the ETC. The ETC coaches will be selected by the Region Chair.

Region 4 Camp and Clinic

Region 4 Camp is August 1-6, 2021 at University of Nebraska

All Region Team members are invited at a cost of \$450 each. They must provide their own transportation. Each team member will receive a camp t-shirt.

The camp is staffed by Region 4 Elite Team Staff, plus other coaches, judges and guest coaches from Region 4 and other regions.

Elite Team Coordinator will plan the camp with the help of the Region Chairman.

Other coaches can attend the camp for the going rate of room and board. Contact Dale B or Chuck C if interested.

Region 4 Elite Team Cup team candidates must participate in camp.

Region 4 Camp Staff—The Region Elite Team Coaches will coach at the camp. Additional staff will be selected by the Region Elite Team Program Coordinator.

Elite Team Coaches must attend camp. Coach's room, meals, and weekly pay will be provided by Region 4. Weekly pay will be between \$750-\$1200.

Region 4 Clinic will be in conjunction with the Region 4 Future Stars Competition. Elite Team Cup candidates and staff must attend the clinic.

Region 4 ETC Staff will coach the fall clinic. ETC Staff will be paid \$100 day for coaching. Other staff will be paid \$50 for the day.

Region 4 Elite Team Cup Team

February 26-27, 2022

2022 Region 4 Team Cup selection process:

A gymnast will get points from the following:

- 1. Attending Region Team Camp=4%
- 2. Doing 3 skill sequences routines at camp=12.2%
- 3. Doing first ³/₄, last ³/₄ routines at Fall Clinic=25.9%
- 4. Event / AA results from Windy City=57.9%

Gymnast will be awarded points solely for attending Region Team Camp.

Sequences completed at Region Team Camp are judged by ETC staff. Each gymnast will be given three attempts to achieve their sequences. If there is no large deductions (.5) in any of the three skills, they will be awarded the value of those three skills. IE D+B+C (.4+.3+.3)=.9. Points will be awarded from highest start value to the lowest. The highest start value will receive the most points. Failure to achieve a sequence without a single large error within three attempts, will receive a 0 score.

Three quarter routines (6 skills) will be judged by ETC Staff at the Region Clinic in October. Three quarter routines will be given full start value credit if the entire sequence has 1.5 or less in deductions within three attempts. If has more than 1.5 in three attempts, gymnast will receive a 0.

Top 12 gymnast will be announced following the Regional clinic based on the point system. Those 12 athletes will make up two separate teams that will compete in the Windy City Invite. Regional Chairman will select coaches for the two teams. Gymnast selected will be required to compete at the Windy City Invite in order to receive the final points in the selection process.

Individual event and AA scores will be entered into the point system. Top two athletes in points will be locked onto the Region ETC Team. The ETC staff will use the point system to best choose the remaining gymnast for the team by complimenting the top two gymnast for the 6/5/4 format. After the six have been decided, two alternates will be selected by the ETC staff.

The ETC staff will meet January 23 to discuss and finalize the ETC team and forward to the Region Chair. The Region Chair will then announce the team and the staff for the 2022 Region 4 Elite Team on January 24.

The 2022 Elite Team Cup is February 26-27.



Regional Elite Team Program Region Elite Team Staff Application

Applicants must be a USAG registered coach. Must be a coach within Region 4.

| Name: | | |
|---------|----------|--------------|
| Club: | | |
| USAG #: | _Safety: | _Background: |

Coaching Experience:

What can you offer Region 4?

Applicant must be able to attend both the Region camp and clinic.

Return this application to Region Chairman-Dale Bullivant

69744-278th St

Dassel, MN 55325

Or

nsgadale@hotmail.com