



**2021-2027**

# Region 4 Rules and Policies

May 2021

## Board

**Region 4 Chairman**-----Dale Bullivant (vote-tie breaker)

**State Chairman:**

Nebraska-----David Hansen (vote)

South Dakota-----Tim Trimble (vote)

North Dakota-----Davis Beattie (vote)

Iowa-----Matt Reints (vote)

Minnesota-----Oksana Balakirev (vote)

Wisconsin----- Anthony Ingrelli (vote)

**Region 4 Junior National Staff**—Chuck Chmelka, Spencer Johnson, Kostya Kolesnikov

**Region 4 Team Coordinator**----- (JNS)

**Region 4 Elite Team Staff:**

1. Chuck Chmelka
2. Bob Gauthier
3. Paul Schumacher
4. Scott Zymball
5. Spencer Johnson
6. Anthony Ingrell
7. Kostya Kolesnikov

**Education Coordinator**-Provides Region Congress with presenters.

Position open.

**Webmaster**-Post to Region website and Facebook—Vadim Balakirev.

**Secretary**- Takes meeting minutes and works with Region Chairman on written information.

**Junior Olympic Regional Technical Director**- Works with Region Chairman and Region Team Coordinator to assign Region 4 Championships judges. Provides input to nominate judges for JO Nationals representing Region 4. -Garrett Dejonge

# Calendar 2021-2027

## 2022

ETC Selection-----January 2022  
ETC-----2022  
State Championships-----March 18-20, 2022  
Region Championships-----April 1-3, 2022  
Western Nationals-----April 29-May 1, 2022  
JD National Championships-----May 12-May 15, 2022  
Region 4 Camp-----July 24-28 2022  
Region 4 Clinic/FS-----October 21-23 2022  
National FS-----November 17-19 2022

## 2023

ETC Selection-----January 2023  
ETC-----2023  
State Championships-----March 17-19, 2023  
Region 4 Championships-----March 31-April 2, 2023  
Western Nationals-----April 28-30, 2023  
JD National Championships-----May 11-14, 2023  
Region 4 Camp-----July 2023  
Region 4 Clinic/FS-----Fall 2023  
National Future Stars-----November 2023

## 2024

ETC Selection-----January 2024  
ETC-----2024  
State Championships-----March 22-24, 2024  
Region 4 Championships-----April 5-7, 2024  
Western Nationals-----April 26-28, 2024  
JD Nationals-----May 9-12, 2024  
Region 4 Camp-----July 2024  
Region 4 clinic/FS-----Fall 2024  
National Future Stars-----November 2024

## 2025

ETC Selection-----January 2025  
ETC-----2025  
State Championships-----March 21-23, 2025  
Region 4 Championships-----April 4-6, 2025  
Western Nationals-----April 25-27, 2025  
JD Nationals-----May 8-11, 2025  
Region 4 Camp-----July 2025  
Region 4 Clinic/FS-----Fall 2025  
National Future Stars-----November 2025

## 2026

ETC Selection-----	January 2026
ETC-----	2026
State Championships-----	March 13-15, 2026
Region 4 Championships-----	March 27-29, 2026
Western Nationals-----	April 24-26, 2026
JD Nationals-----	May 7-10, 2026
Region 4 Camp-----	July 2026
Region 4 Clinic/ FS-----	Fall 2026
National Future Stars-----	November 2027

## 2027

ETC Selection-----	January 2027
ETC-----	2027
State Championships-----	March 19-21, 2027
Region 4 Championships-----	April 2-4, 2027
Western Nationals-----	April 30-May 2, 2027
JD Championships-----	May 13-16, 2027

## **Region Championships**

Region 4 Championships will rotate between each state. When each state has their turn in rotation, they will submit one bid to the board at the spring meeting for vote. Each state should vote on their bid at their fall state meeting.

The following is the rotation for each state:

2021-----Nebraska

2022----ND/SD

2023----Minnesota

2024----Iowa

2025----Wisconsin

2026----Nebraska

2027----ND/SD

Region 4 Championships will be for levels 4-10. Level 4-6 will be Region 4 Invitation. Levels 7-10 will be Region 4 Championships.

The Region 4 Championship meet will follow all USAG rules and policies for meet format and individual awards as a minimum.

\*Each State Chair will collect Regional entries at their State Meet.

**Region entries into the USAG reservation system are due February 1<sup>st</sup> of each year.**

**Team awards are as follows:**

**All team scores will have the top three scores from each event.**

**Level 4-All**

**Level 5--All**

**Level 6--All**

**Level 7—All**

**Level 8—All**

**Level 9—All**

**Level 10—Junior**

**Level 10—Senior**

**Level 10--Combined**

**Region Qualifying Scores: For all compulsories (L4-6), 42.0 AA is required.**

**Optionals:**

**L7—42.0 or top 10 on event at state.**

**Level 8-10—30.0 or top 10 on event at state.**

## Region 4 Future Stars/ Clinic

The Region 4 Future Stars and clinic will rotate from state to state excluding North Dakota and South Dakota. The following is the rotation:

2021----Nebraska

2022----Wisconsin

2023----Iowa

2024----Minnesota

2025----Nebraska

2026----Wisconsin

2027----Iowa

Each host state will provide a gym to host the competition and clinic. The Future Stars competition must have a competitive trampoline plus all six events. The host of the clinic must be big enough to host over 100 gymnast. It is IDEAL but not mandatory to have both the Future Stars and Clinic in the same host gym. The clinic will be part of the ETC selection procedure. All ETC Staff will coach at the clinic. The Region chair will get USAG sanctions to cover the events. The Future Stars will be on a Friday and the clinic will be all day on Saturday and half day on Sunday. Host must work closely with the Region Chair to make plan event. Host must provide host hotel and meeting room for the region. Meeting can be at the host gym or hotel. **Host will be paid a facilities fee from Region 4.**

## Region 4 Membership Fee

Most of Region 4's income is from a head tax for each registered gymnast. The membership fee is \$20 per gymnast. The membership fee is **due to the Region Chairman by December 1<sup>st</sup>**. Each State is to collect the fee from their clubs and forward to the region Chair in one check or USAG transfer.

Clubs that are delinquent will not be eligible to bid for Region 4 Championships.



# **State and Region Chair Elections**

**State Chairs are 2 year terms.**

**2021, 2023, 2025, 2027**

**Elections for State Chair is one (1) vote per club**

**Region Chair is a four year term.**

**2022, 2026, 2030**

**The State Chairpersons will elect the Regional Chairperson.**



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# HALL OF FAME YEARLY SCHEDULE

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## June

**Start Accepting Nominations From The Region. While Accepting The Nominations  
Collect Descriptions Why This Person Is Getting Nominated**

## September *State Clinics*

**Announce To The State Chairs The Nominees. Provide Them A Description Of The  
Nominee From The Person Who Nominated Them.**

## October *Region 4 Clinic*

**Discuss With The State Chairs The Nominees. Assign The State Chairman To Go Back  
To Their States And Have A Vote.**

## January

**Announce Award Winners**

## April

***Region 4 Championships*  
Present Award Winners At The Hall Of Fame Banquet**



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# HALL OF FAME INDUCTEES

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**CLASS OF 2019**

**STAN ATKINSON, PHIL CAHOY, RALPH DREUCKE**

**CLASS OF 2020**

**DAN COON, MIKE GILES, TROY BRANDT AND BILL STRAND**

**Class of 2022**

**Bob Wuornos-Coach**

**Ron Hill-Judge**